

Shenandoah Chefalo

Founder, Speaker, Lead Strategist

Shenandoah Chefalo is a sought-after speaker, award-winning author, and expert trauma-informed specialist with over 20 years of leadership consulting experience with governmental, public, and private organizations.



"Becoming trauma-informed is a journey that lasts a lifetime."

Keynote Speaking Event Topics:

- ✓ Employee Wellness & Professional Development
- ✓ Adverse Childhood Experiences (ACEs)
- ✓ Creating Safety at Work
- ✓ Resilience, Self-Awareness & Mindfulness
- ✓ TIC Values & SAMHSA's 6 Guiding Principles
- ✓ Foster Care: Experiences & Solutions
- ✓ The Neuroscience of Trauma (NEAR Science)
- ✓ The Social & Structural Determinants of Health
- ✓ Systemic Violence & Historical Trauma
- ✓ Trauma-Informed Systems & Organizational Change
- ✓ Breaking the Trauma Triangle Through Empowerment
- ✓ Organizational Chronic Stress

“ Testimonials

Shenandoah Chefalo brings meaningful and impactful trauma training with practical real-world applications.
- **Stephanie L, Lamphere Public Schools**

I would highly recommend any community to go through her program. It is worth the investment.
- **Heather T, Harrison Park Academy**

Shenandoah brings a passion and commitment to this issue with a goal to transform lives.
- **Barbara P, Root Cause Coalition**

We can always count on Shen's forthright, trauma-informed, healing-centered approach grounded in equity and community.

- **Katie M, Alia Innovations**



Expert Facilitation Skills and Lived Experience

Shenandoah Chefalo is an expert storyteller, teacher, and coach. She captivates and engages her audiences, who find themselves laughing, crying, reflecting, and envisioning a brighter future all within the same hour.

Shen is available for webinars, keynotes, and other online and in-person speaking events, including workshops, podcasts, and media interviews.

Have Shen as your next event speaker!

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🌐 www.chefaloconsulting.com